

**NORRIS DAM CHALLENGE 12K**  
**Saturday, January 19, 2008**

**Part of the 29th Annual Tennessee State Park Running Tour**

**NORRIS DAM STATE PARK, Lake City, TN.** Park info 865-426-7461.

**Directions:** From Knoxville take I-75 to exit 128. Turn right onto Hwy 441 to Park entrance (3 Mi).

**Start and Finish** at the Park Office. Race starts at 11:00 A.M. Eastern Standard Time.

**Course:** 12K (7.4 miles) out and back course. Major hills at miles 3 and 5-6.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Awards:** Special awards to top male and female open, masters (40+) and grandmasters (50+). Ten-year age groups with top 3 awards in each category from under 20 to 65+.

**Pre-registration deadline:** January 12, 2008. Race day registration from 10:00 to 11:00 AM.

**Race Director:** Tracy Paul (865) 220-8876. Email: [tracy@paul5.com](mailto:tracy@paul5.com)

**Entry Fee:** \$15.00 with or \$5.00 without shirt. Payable to Oak Ridge Track Club. Race day without shirt \$10.00.

Mail registration to: **Norris Dam 12K**  
**107 Hollbrook Lane**  
**Oak Ridge, TN 37830**

[Link to Registration Forms](#)